

Juicy Guides

BRIGHTON & HOVE

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Juicy: squeezing the best out of the UK's most exciting new city



A SUNDAY TIMES TRAVEL BOOK OF THE WEEK

"Sparky, opinionated, occasionally mischievous, this is a vivid read that really brings Brighton to life."

James Rampton, journalist and travel writer



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"JUICY is canny enough to realise the same people may be interested in a Mr Scruff gig AND schools for their children."

The Insight, Brighton and Hove

The fifth edition to cover Brighton and Hove, this is the first where Juicy has partnered with award winning website www.mapminder.co.uk to put the city's best finds on the map, and bring readers bang up to date with local gossip and opinion, listings and lifestyle.

www.juicymapminder.co.uk is your Juicy Guide online. See inside front cover for your free trial and 25% off subscription for Juicy readers.

Find it, map it, trust it.

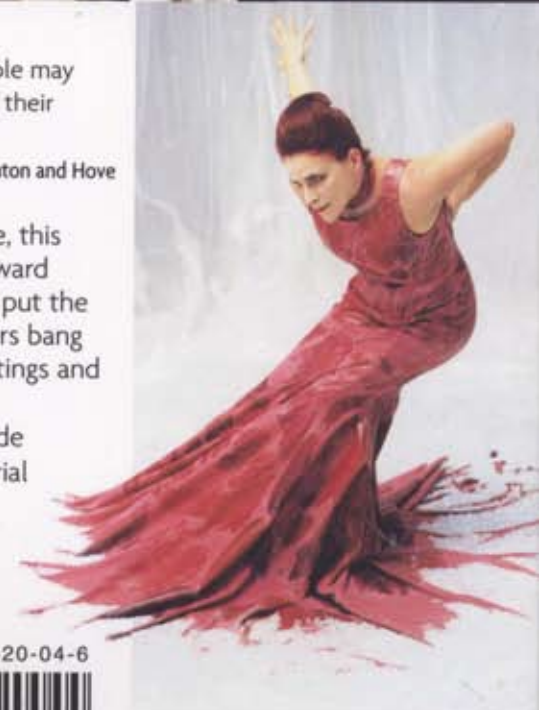


Recommended price £12.99
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RESTAURANTS



AFRICAN

The Blue Man

142 Edward St, Kemp Town, Brighton BN2 0JG
T: 01273 622885
Mon-Sat: 7pm-10.30pm.
Avg. Price: £25

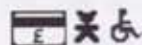
This new little BYO restaurant is packed to the gills with Kemp Town types who love the informality, lovely service and its North African décor (though you can get your own from Inspirations on Lewes Rd). The starters are mouth watering and taste just like the real thing, but the tagines (and many of the meaty mains) are overpriced at around £12 and about as North African as my grandmother. Give it time though; with Mascara and Couscous House giving it a run for its money, the lamb will be falling off the bone and soaking up the prunes before you know it.

Couscous House

10-11 Preston St, Brighton BN1 2HN
T: 01273 323230
Avg. Price: £20
Good new North African restaurant challenging the might of Mascara (and the force of La Fourchette chef/patron, Pascal Madjoudj who owns Mascara). Also offering belly dancing on a Friday and Saturday night, it was highly rated by our Tunisian reviewer. Apparently the delicious lamb tagine, cooked with caramelised prunes, almonds and sesame seeds (£12.95) is the best in town.

Mascara

101 Western Rd, Hove BN1 2AA. T: 01273 278185
www.mascara.brighton.com
Tue-Sat: 12pm-2.30pm, 7pm-10.30pm, Sun: 7pm-10.30pm
Private room available
Avg. Price: £20



An Aladdin's cave of Algerian food with low lighting, rugs suspended from the ceiling and cushioned benches, Bedouin style. The menu offers the standard tagine, pastilla and couscous, with Rechta Zohra, a chicken with home made noodles, cinnamon, chick peas, carrot and turnip (£12) the only dish throwing us in to No Man's Land. The food is good; Pascal from La Fourchette is the main man and has a pedigree, but we've been spoilt by Moroccan chefs, and Pascal is not behind the decks here so we'll forgive the blandness and look at the big picture. There are not many places in Brighton where the service is spot on, the ambience perfect and the food just fine, and where you'll pay around £25 per head for the experience. Throw in the belly dancing after 9.30pm on Friday and Saturday, and you've got a winner.

AMERICAN

Blind Lemon Alley

41 Middle St, Brighton BN1 1AL
T: 01273 205151 F: 01273 202051
www.bluescompany.co.uk
boss@bluescompany.co.uk
Mon-Sun: 12pm-11pm

Avg. Price: £15-20



Nestled away in Middle Street you might never notice this hobbit-like restaurant but for the bright yellow alleyway leading to its front door. The staff are warm and welcoming, and the menu has a strong Mexican and North American influence. There is a good range of vegetarian food, and the Blind Lemon Burger was voted the best burger in the UK by The Independent this year. The picky might call it cramped, while the Bohemian would call it cosy, with the feeling of one big dinner party rather than a room full of separate dinners. Late in the evening it all grows very merry with absinth all round. Watch your head on the way up.

Momma Cheri's Soul Food Shack

11 Little East St, The Lanes, Brighton BN1 1HT
T: 01273 774545 F: 01273 272288
www.mommacherri.co.uk
mommacherri@hotmail.com
Mon/Tues/Thurs: 5pm-11pm, Fri: 6pm-12am; Sat: 11am-12am, Sun: 10.30am-8pm. Avg. Price: £10



Plates are big in the Deep South, so leave your Atkins Diet at home and while Goaty Phil spins some soul music, let Momma Cheri serve you up her New Orleans style stir fry of prawns, chicken, spicy sausage, rice and vegetables (£10). Vegetarians can share the Veggie Combo: stuffed eggplant, bell peppers with couscous